

## ABOUT US:

Here at The New Futures Project we work with Women and Young People in the Leicester, Leicestershire and Rutland area; who are at risk of or who are being sexually exploited. We have extended our services to provide support to women made particularly vulnerable to sexual exploitation, coercion or abuse.

We want to use the experience and learning we have gained from over twenty years of working with this client group to instigate and support generational change, supporting women to break the cycle of abuse, exploitation, poverty and marginalisation which in many cases has been present within families for multiple generations.

We are a BACP Registered Charity that provides a wraparound service that focusses on safety and recovery.

- Holistic assessment of need and action planning, unique to each woman and young person
- One to one practical support with a social work student / key worker
- Supported and co-ordinated referrals
- Education and support to help women have more choices
- Drop in sessions with well-being and mental health support
- Long-term support
- Access to in house free counselling (for up to 6 months)
- Low cost counselling

**As a trainee counsellor here, you would become part of a warm, professional community that includes qualified social workers, counsellors, psychotherapists, fellow trainees, and volunteers - all working together in a genuinely supportive environment.**

**LOCATION:** The New Futures Project, 71 London Road, Leicester, LE2 0PE

# PLACEMENT TYPES



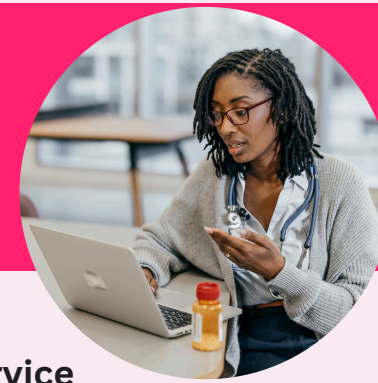
## CRISIS Counselling

### Face to Face (free)

- In Person Counselling in one of our onsite counselling rooms
- Providing face to face counselling support
- Managing client donations
- Undertaking and recording Core10 forms onto data management system
- Core End of therapy forms
- Client note recording within 24 hours of session

### Online (free)

- Online (or blended) counselling on site or at your remote secure and private location using New Futures meeting platform.
- Providing online counselling support.
- Managing client donations
- Undertaking and recording Core10 forms onto data management system
- Core End of therapy forms
- Client note recording within 24 hours of session



## Affordable Counselling Service

### Face to Face (fee based)

- In Person counselling in one of our onsite counselling rooms
- Providing face to face counselling support
- Managing client payments
- Booking weekly client sessions onto case management system
- Client note recording within 24 hours of session

### Online (fee based)

- Online (or blended) counselling on site or at your remote secure and private location using New Futures meeting platform.
- Providing online counselling support
- Managing client payments
- Booking weekly client sessions onto case management system
- Client note recording within 24 hours of session

# ENTRY REQUIREMENTS

## **Course Criteria:**

You must be on an OFQUAL accredited course studying at Level 4 or above, and have attended a minimum of 10 hours personal therapy.

Provide fitness to practice by your Tutor.

## **Student Membership:**

You must be a student member of BACP/UKCP/NCPS and share documentation with your application process.

## **Supervision**

We supply Clinical Supervision.

Your Clinical Supervisor will review your client allocations with you.

You are committed to attending Clinical Supervision upon placement start and agree to attend scheduled group supervision dates.

## **Enhanced DBS Certificate**

You will need to supply a copy of your Enhanced DBS Certificate

If you do not have an Enhanced DBS Certificate, then we can supply this for a one off donation of £45

# PLACEMENT PACKAGE

**£80 PER  
MONTH**



## **Commitment:**

Placements run for a minimum 12 months commitment - attending at least 1 day per week

To be able to have a client caseload of minimum **3** clients at any one time.

Clients have weekly 50 minute sessions on the same day and time each week.

You commit to seeing each therapeutic relationship through to the end, regardless of your client hours.

## **Insurance**

You will be covered for your Professional Insurance as a Trainee Therapist

## **Supervision**

We supply Clinical Supervision.

You are committed to attending Clinical Supervision upon placement start and agree to attend scheduled group supervision dates and times.

Supervision is fortnightly in person : Supervision Groups (90 minutes, max 4 trainees)

## **Mentoring & Support**

Weekly mentoring with an experienced counsellor and tutor

Administrative Support

## **CPD**

A programme of CPD training opportunities

*We offer all this as a package for £80 per calendar month, paid by Direct Debit. To put that into context, external supervision alone typically costs £50-£80 per session - our package includes supervision, mentoring, professional insurance, and all administration costs, making it excellent value as part of your journey towards qualification. A one-off DBS charge of £45 applies if applicable.*

# ESSENTIAL SKILLS

## Personal Skills:

- Excellent written and spoken English to enable effective communication about counselling topics with clients and colleagues
- Empathic
- Compassionate
- Integrity
- Organised
- Dependable
- Be deemed proficient to practice
- Ethical
- Be able to work as part of a wider team (face to face and remote)
- Experience in understanding a multi disciplinary approach to mental wellbeing
- Be willing to and engage with sharing social media content for us as a charity to help us increase our reach



**Apply Now  
on our website:**

**<https://www.new-futures.org.uk/counselling>**